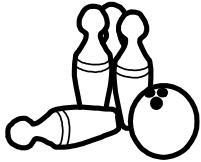




# Carmarthenshire People First Men's Group Activities October - December 2016



Wednesday 19th October - Wild life  
talk with Ruth's dad



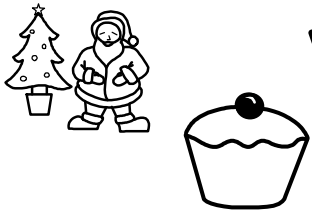
Wednesday 2nd November - Bowling



Wednesday 16th November -  
Christmas card making



Wednesday 30th November -  
Christmas lunch in the Wetherspools  
(£3 deposit needed)

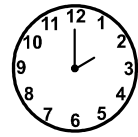


Wednesday 14th December - Making  
small Christmas cakes (£1 charge)

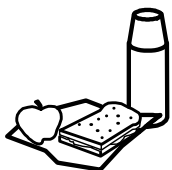
Our meetings take place in 16 Spilman St,  
Carmarthen, SA31 1JY.



Between 12 and 2pm.



Please bring a packed lunch.



For further information, call the office on



# 01267 234635