### Carmarthenshire People First

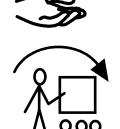




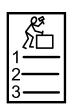
in partnership with



# Frances Lee Training Solutions



We are committed to delivering affordable training that is innovative in design as well as being practical and enjoyable.



We can devise specific programmes to meet your particular requirements.



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We believe that a training experience should be relevant to delegates by providing courses that combine theory with practical application in the workplace.





Whether you require a comprehensive package or a single course, it is important for us to understand your organisation, to ensure that what we deliver is relevant and effective in meeting your needs.





Carmarthenshire People First have been delivering training to professionals, service users and providers in the statutory, independent and voluntary sector and in a variety of settings since 2004.





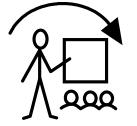
Frances Lee has over twenty five years experience as a social worker and is currently registered with the Care Council for Wales and a member of the British Association of Social Workers.



She began her career as a social worker in the learning disability service and has also been a Team Leader on a CTLD in the London Borough of Hounslow.



Prior to working independently she was Learning and Development Officer for learning disability services with Carmarthenshire Council.



## We can provide training on the following:



Learning Disability Equality Awareness.



 Keeping Myself Safe (Abuse awareness for service users).



 Check 4 Change ( 2 day course for service users around their health, cancer and health screening ).



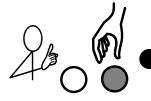
Understanding Advocacy.



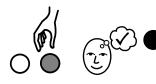
Mental Capacity Act



Deprivation of Liberty Safeguards including what the West Cheshire case means for practice.



Best Interest Decisions.



Assessing Capacity.



Who Decides? Understanding what the Mental Capacity Act means for you and your care ( Course for people who use services ).



Person Centred Thinking Tools:

Developing person centred practice.



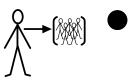
Health care and Learning Disability - addressing health inequalities lessons from "Death by Indifference".



Understanding Autism.



Introduction to Active Support:
Understand the principles of Active support and the importance of engagement in meaningful activities.





Learn how to provide the correct range and level of support for service users to ensure successful engagement and develop and / or maintain skills.



Palliative care and bereavement in people with a learning disability.



Parenting and learning disability.



Sexuality and Relationships work with people with a learning disability.



Transforming Care: Learning the Lessons from Winterbourne View and other abuse inquiries.



Growing Older with a Learning
Disability ( peer support to help
people with a learning disability to
understand about growing older and
living with dementia ).







This is just an example of courses we can offer. We will be happy to discuss your training needs and develop courses specific to the needs of your service.



#### Terms and conditions:



Prices are subject to discussion and based on group size and location.



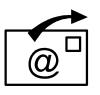
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